

Navigating Rural Health Resources

August 15, 2017

Conference Call #: (866) 620-7326
Access Code: 3507-50-3156



Overview & Agenda

Webinar Purpose:

Highlight state and federal programs relevant to rural Kansas in hopes to connect our local providers and communities to useful resources and tools.

AGENDA/TOPICS:

- Healthy Kansas Schools
- Safe Kids Kansas

HEALTHY KANSAS SCHOOLS

SCHOOL PROMOTION OF PHYSICAL ACTIVITY, NUTRITION, AND CHRONIC DISEASE MANAGEMENT



CONTENTS



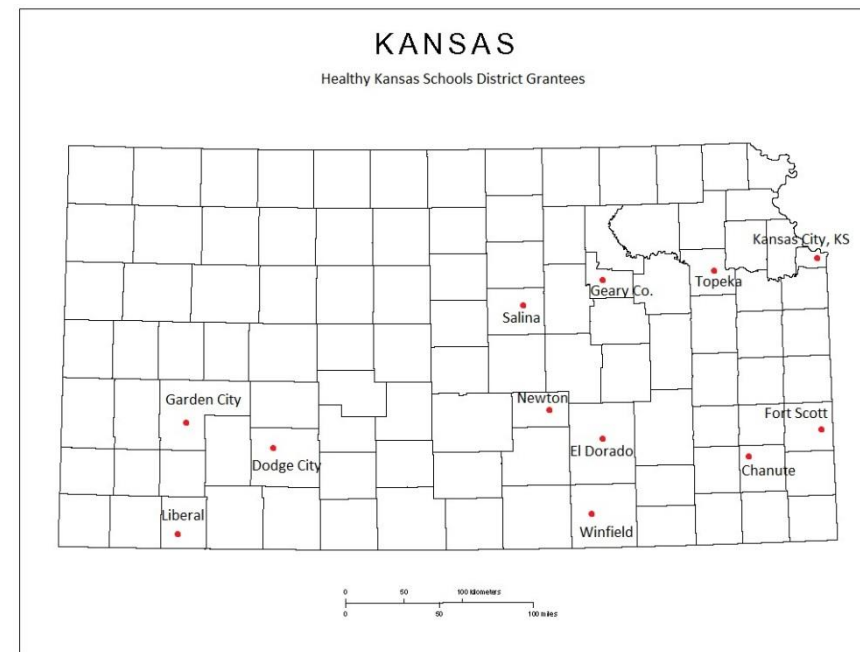
- Overview
- How it works
- Why it matters
- Past achievements
- Year 5: Final year focus
- Questions & Answers



HKS OVERVIEW



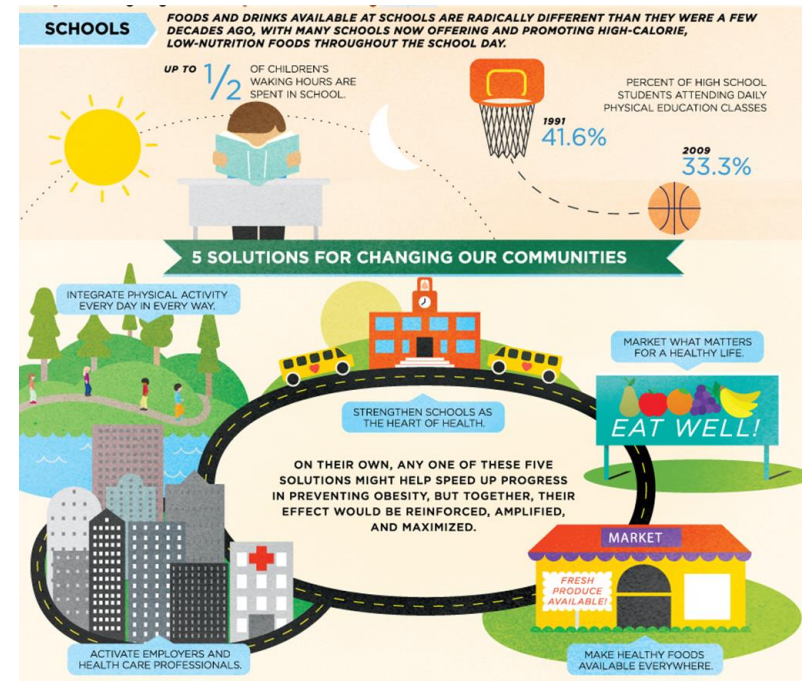
- 5 year grant program (2013-2018)
- Funding from CDC and Kansas Health Foundation
- Fits into CDC's schools focus
- 12 school districts
- Local wellness policies
 - Physical activity, healthy food choices, and managing students' chronic conditions
- Professional development
- Local health care providers and insurance providers for student referrals



HOW IT WORKS



- Moderate to Vigorous Physical Activity (MVPA)
- Smart Snacks in School and fundraising
- School nurse training on food allergies, diabetes, and obesity
- Diabetes checklist
- Referral system through local health care and insurance providers

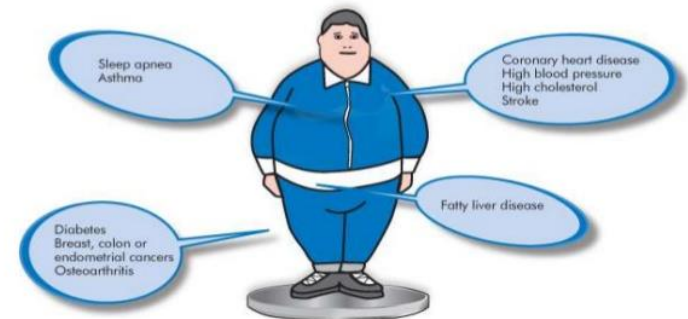


WHY IT MATTERS



- 1 of 6 kids in the USA (17% or 12.7 million) are obese
- 4% to 6% of kids are estimated to have food allergies
- 30% of kids with food allergies are allergic to more than one food
- Type 2 diabetes in adolescents increased by 30.5%
- Prevention & chronic condition management

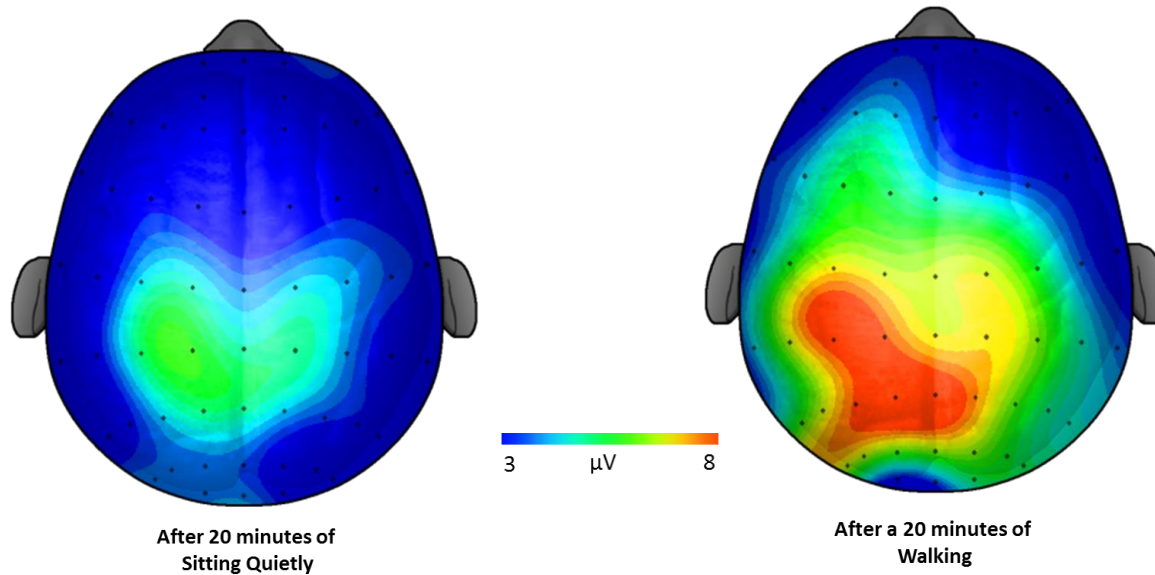
Consequences of childhood obesity



EXAMPLE STUDY



Composite Attentional Allocation of 20 students taking the same test.



Hillman et al., 2009

SCHOOL ACHIEVEMENTS



- School Nurse Advisory Committee (SNAC)
- Asthma Checklist: 71% implemented majority
- Diabetes Checklist
- Nutritious foods success
- Physical activity success
- Chronic conditions management success



YEAR 5 FOCUS



- Parent/student education on chronic disease management
- Moderate to Vigorous Physical Activity (MVPA)
- Smart Snacks in School and fundraising
- Managing chronic conditions in schools
- Food allergies
- Diabetes checklist
- Referral systems



SOURCES



- Childhood Obesity Facts, Centers for Disease Control and Prevention: <https://www.cdc.gov/obesity/data/childhood.html>
- Dabelea D, Mayer-Davis EJ, Saydah S, et al. Prevalence of Type 1 and Type 2 Diabetes Among Children and Adolescents From 2001 to 2009. JAMA. 2014;311(17):1778-1786. doi:10.1001/jama.2014.3201.
- Food Allergies in Schools, Centers for Disease Control and Prevention: <https://www.cdc.gov/healthyschools/foodallergies/index.htm>
- Healthy Kansas Schools Year 5 contract, Bureau of Health Promotion, KDHE
- Healthy Kansas Schools Year 3 evaluation report, Bureau of Health Promotion, KDHE
- Healthy Kansas Schools Year 4 evaluation report, Bureau of Health Promotion, KDHE
- Hillman, C. H., Pontifex, M. B., Raine, L. B., Castelli, D. M., Hall, E. E., & Kramer, A. F. (2009). The Effect of acute treadmill walking on cognitive control and academic achievement in preadolescent children. Neuroscience, 159, 1044-1054.
- Kansas School Wellness Policy Model Guidelines, Child Nutrition & Wellness, KSDE: <http://bit.ly/2hvlO8T>

QUESTION & ANSWER



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Safe Kids Kansas



Partners in Child Safety



Imagine

<https://youtu.be/w4holhOxRok>



Our Mission

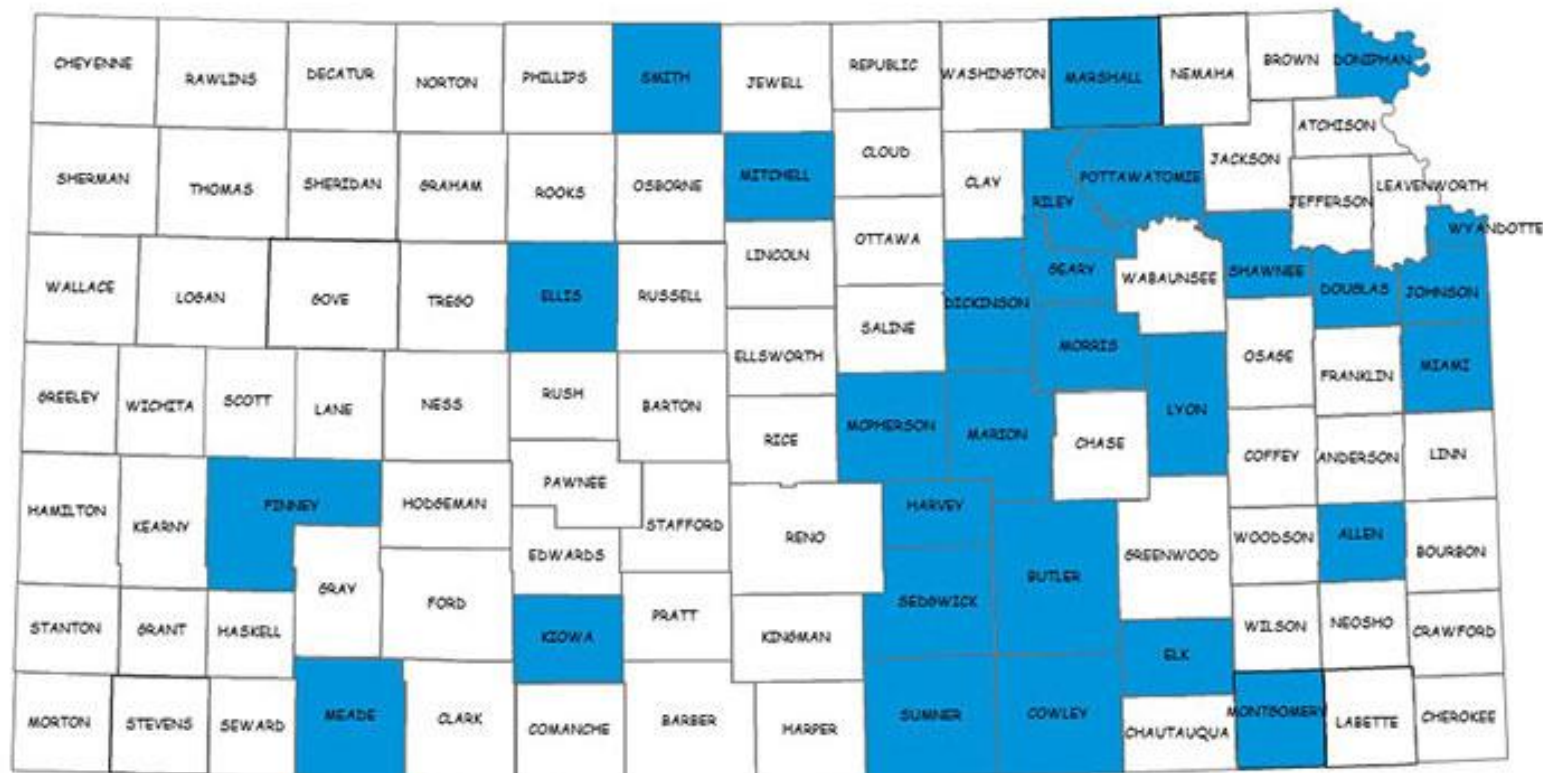


**Prevent unintentional injuries
to Kansas children ages 0-19**

Our Work



Local Coalition Network



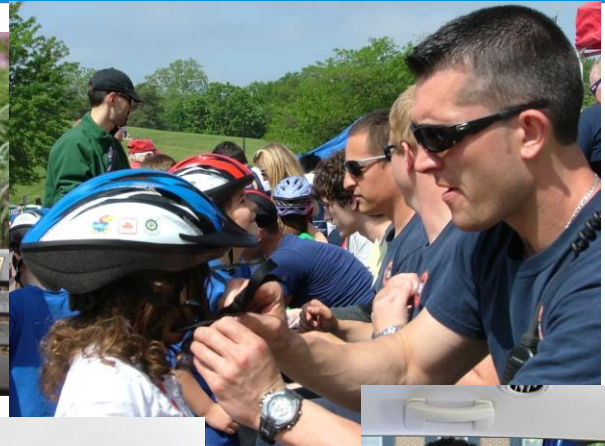
25 local coalitions -- 29 counties – 72% of Kansas children

Partners

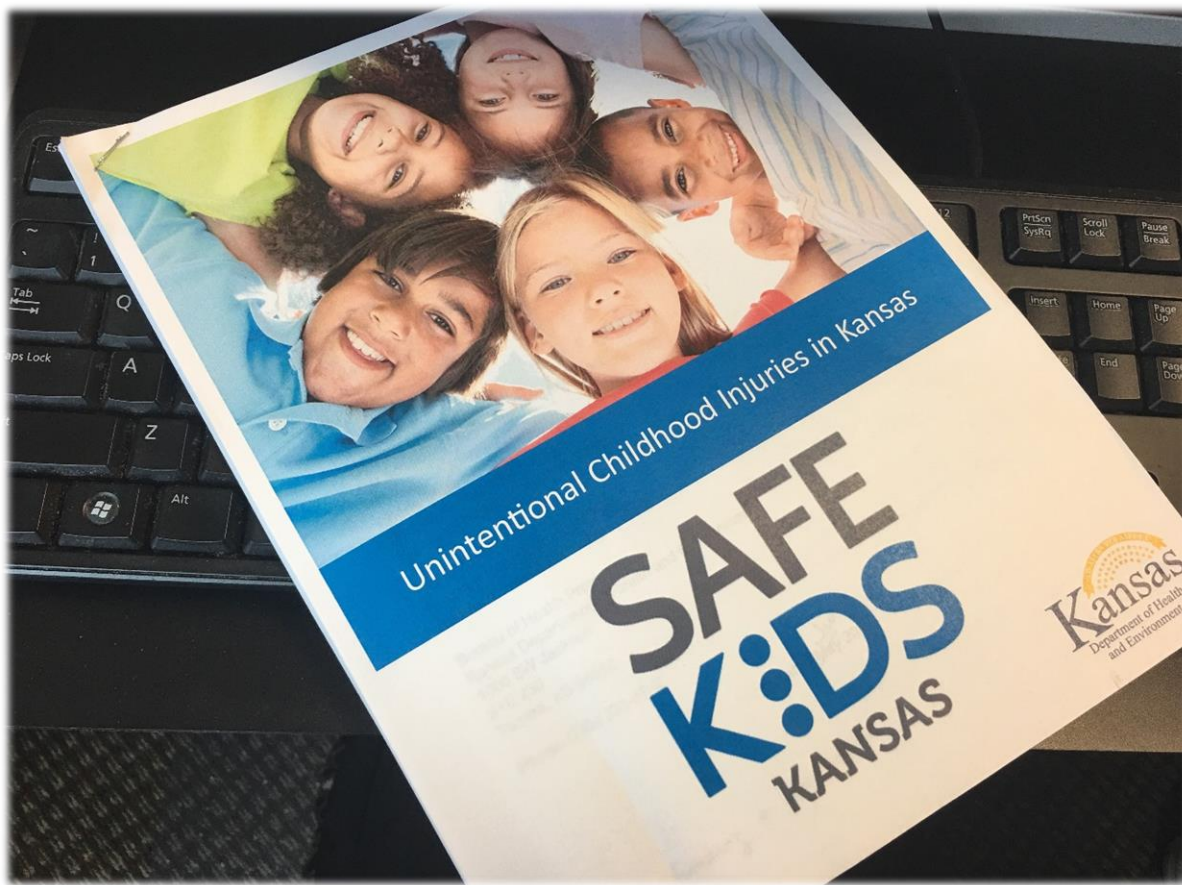
- Partners include:
 - Health Workers (hospitals, health depts, home visitors, physicians, etc.)
 - Law Enforcement
 - Firefighters
 - Paramedics
 - Teachers
 - Business owners
 - Governmental agencies
 - Policy Makers
 - City Planners/Engineers
 - Civic Organizations
 - Faith-based organizations
 - Community volunteers
 - Media



What We Do



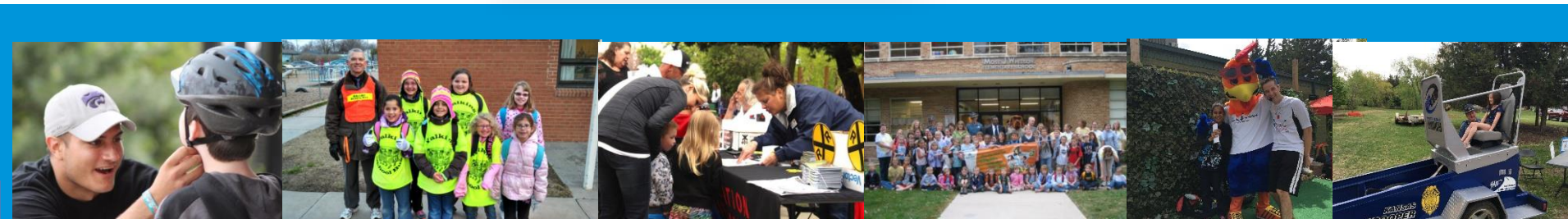
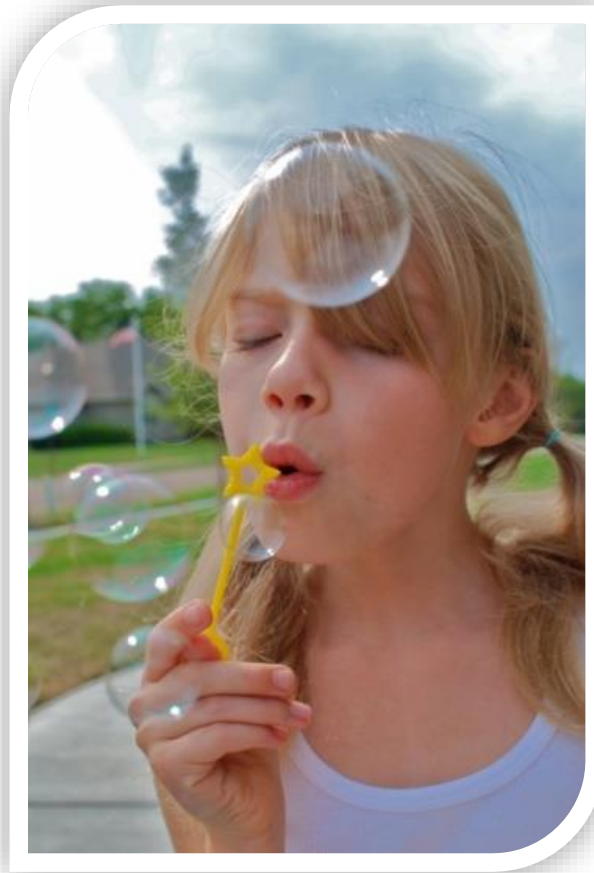
The Role of Data



Priority Injury Areas

- Child Passenger Safety/Motor Vehicle Safety
- Safe Sleep
- Poison Prevention
- Fire/Burn Prevention

Stories Make an Impact



Meet Crosby – Saved by his helmet



...4 times



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